

Newborn Checklist...



We treat your children like our own.

newborns infants toddlers pre-teens teens



• The Hospital Bag

- o Comfortable maternity clothes
- o Camera
- o Breast pads
- o Nightwear (front opening if breast feeding)
- o Sanitary pads
- o Slippers
- o Toiletries
- o Newborn clothing
- o Swaddling blankets
- o Newborn diapers

• The Nursery

- o Sleeping arrangement
- o Extra sheets
- o Baby monitor
- o Feeding/rocking chair
- o Baby thermometer
- o Diapering supplies

• Feeding

If Breastfeeding:

- o Breast pads
- o Breast pump
- o Nipple shields
- o Milk storage bags
- o Bottles and nipples
- o Bottle sterilizing and cleaning equipment

If Bottle Feeding:

- o Infant formula
- o Bottles and nipples
- o Bottle warmer
- o Bottle sterilizing and cleaning equipment

• Travel

- o Baby carrier (sling, pack, etc.)
- o Stroller
- o Rear facing car seat
- o Sun blinds
- o Diaper bag

• Bath Time

- o Gentle, fragrance-free cleaning products
- o Baby nail clippers
- o Infant bath mat or tub

• Playtime

- o Mobile
- o Swing
- o Infant play mat
- o You!